

When I'm Mad I Can



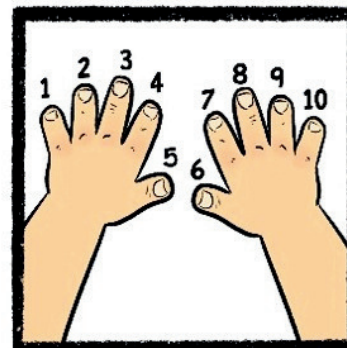
Say "I'm mad!"



Take a deep breath



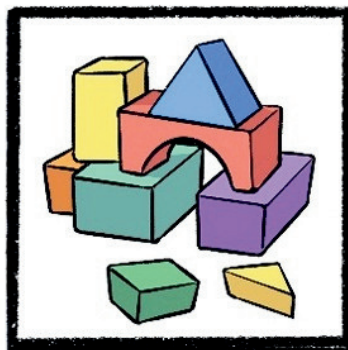
Drink water



Count to 10



Go to sensory corner



Build something



Use play-doh



Exercise



Color